

## UNIFORMS AND CLASS WEAR

Bayside Dance encourages neat presentation and appropriate dancewear for safety reasons. You can purchase studio leotards, skirts, shorts, t-shirts, shoes, hair products and other dance items at the studio.

### BALLET PREP — LEVEL 2:

Option 1: Compulsory studio leotard and skirt, ballet socks, ballet shoes, with hair in a bun ([watch our online tutorial here](#)).

Option 2: Black or white studio t-shirt, black bike pants, black socks, black ballet shoes.

### BALLET LEVEL 3 — LEVEL 5:

Option 1: Compulsory studio leotard, ballet tights, ballet shoes, with hair in a bun ([watch our online tutorial here](#)). No skirt.

Option 2: Black or white studio t-shirt, black bike pants or leggings, black socks, black ballet shoes.

### BALLET LEVEL 6+:

Option 1: Own choice leotard, ballet tights, ballet shoes, with hair in a bun ([watch our online tutorial here](#)). Skirt optional.

Option 2: Black or white studio t-shirt, plain black leggings, black socks, black ballet shoes.

### JAZZ/MUSICAL THEATRE:

Comfortable activewear with stretch (no denim), e.g. studio leotard, t-shirt or singlet with bike pants or leggings. Black jazz shoes. Hair neatly off the face.

### ACRO/CONTEMPORARY:

Comfortable, firm-fitting activewear with stretch (no denim), e.g. studio leotard, t-shirt or singlet with bike pants or leggings. Bare feet. Hair in a bun or plait for safety.

### TAP:

Comfortable activewear with stretch (no denim), e.g. studio leotard, t-shirt or singlet with bike pants or leggings. Hair neatly off the face. Black tap shoes — check with reception for the correct heel height and style for your dancer's tap level.

### HIP HOP:

Comfortable activewear with stretch (no denim), e.g. studio leotard, t-shirt or singlet with bike pants, shorts or leggings. Sneakers. Hair neatly off the face.

**PLEASE NOTE:** The studio leotard is compulsory for all ballet, jazz, tap and acro exams (please discuss options for boys for exams with your teacher/s).

Dancers are encouraged to adhere to the following guidelines:

- Students should carry their dancewear, shoes, and other belongings in a dance bag. It is a great idea to ensure that your dance bag and all of its contents are named.
- Watches and jewelry like necklaces and bracelets should not be worn to class as they can cause distraction and injury. Dancers may be asked to remove these items.
- Dance shoes should be put on in reception/just outside the classroom and taken off before leaving the venue to keep shoes in tiptop condition. Never wear your dance shoes outside on grass or concrete, and especially not when it rains as this ruins the leather!
- For hip hop, jazz, musical theatre and contemporary classes, we suggest this rule of thumb: if YOU wouldn't wear it to the gym, it is not appropriate for dance class! Skirts, dresses and denim should never be worn to class and dancers will experience a diminished range of movement if wearing these sorts of clothing, and it is detrimental to their learning.
- Jazz and tap shoes should be black. We recommend wearing socks or stockings with your dance shoes to keep them from getting smelly.
- Dancers 10 years and older should wear deodorant for personal hygiene.
- While you may wear socks or bare feet for the first few weeks of class, we do expect all dancers to obtain the correct shoes for their dance genre for safety and technique.

## WHAT DO I WEAR TO CLASS?



Dancer Imogen is all set for ballet Prep — Level 2, wearing the studio leotard and skirt, socks and ballet shoes, with hair in a bun.

Dancer Sam is uniform-ready for ballet Level 3-5, wearing the studio leotard, tights and ballet shoes, with hair in a bun.  
Ballet dancers in level 6+ can wear their own choice of leotard.



Dancer Arleigh is ready for acro or contemporary!



These dancers are all ready for jazz, tap, hip hop or musical theatre!

## PRESCHOOL CLASSES

Bayside Dance encourages neat presentation and appropriate dancewear for safety reasons. The below table and pictures show the recommended dance wear for each style we offer for preschoolers. You can purchase shoes, studio leotards, skirts, hair products and other dance items at the studio.

For preschoolers, hair should be neatly pulled back off the face. If you'd like to do a ballet bun, [watch our online tutorial here](#)].

|          | Itty Bitty Ballet, Teeny Tiny Tots and Tiny Tots | Mini Pop  | Tiny Tumbling   |
|----------|--|---|---|
| Option 1 | A leotard in any colour*<br>Skirt optional.      | A leotard in any colour<br>teamed with bike shorts or leggings* | A leotard in any colour<br>teamed with bike shorts or leggings.*<br>No skirts or tutus. |
| Option 2 | Comfortable clothing with stretch (no denim)     | Comfortable clothing with stretch (no denim)                    | Comfortable clothing with stretch (no denim)  |
| Shoes    | Pink or black canvas ballet shoes                | Black jazz shoes  | Bare feet   |

\*A uniform is not compulsory for preschoolers, but we do offer a studio leotard in preschool sizes that many dancers choose to wear.



Emilia is ready for Itty Bitty Ballet, Teeny Tiny Tots or Tiny Tots!



Tamsin and Lakyn are ready for Mini Pop!



Eden, Ziggy and Elka are ready for Tiny Tumbling!