



Bayside Dance 2024 Handbook

KIDS & TEENS

A Guide for Students and Parents

Updated January 2024

FROM THE DIRECTOR

Welcome to Bayside Dance! I'm so glad you've decided to join our dance community.

This handbook will serve as your guide to Bayside Dance, not only in terms of practical things like dates, what to wear and procedures, but will also explain why we do what we do. (Hint: it's because we love dance!)

We hope to inspire a passion for the art of dance in each and every student that steps through our doors, whether you dance once a week or every day.

I can't wait to share another amazing year of dance with you all.

Kaitlin Hague
Director, Bayside Dance

OUR VISION

To be the leading source of dance education in Brisbane's Bayside area.

OUR MISSION

To help preschoolers, kids, teens and adults find self-expression and enjoyment through dance classes every week. Our combination of a nurturing environment, strong technical training and creativity sees our students grow not just in the dance studio but as human beings.

OUR VALUES

Positivity — Dance is not without hard work, but each and every dance class is underpinned by a philosophy of encouragement and enjoyment. The best results come when we can enjoy what we do.

Community — Our classes are friendly and welcoming. We support one another in our successes and (sometimes literally) catch each other when we fall.

Respect and Safety — We show respect to our dancers, parents, staff and property. The use of safe dance practice is imperative in our classrooms and built into our curriculum.

Service — We value each and every customer and pride ourselves on our ability to communicate with and serve our customers.

Quality — We value high quality. Our teaching staff, costumes and uniforms, performances and experiences are of a high calibre.

OUR STAFF

Our teachers LOVE teaching dance and we expect a lot from them. They are lifelong learners who continue to educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities. Many of our teachers have wide-ranging professional performance experience to share with our students, and while we know not every dancer who steps through our doors wants to or will become a professional dancer, we believe each and every student deserves our care and attention.

Director: Kaitlin Hague

Assistant Director: Kate Sterren

Teaching team: Maddison Baker, Holly Dimoska, Heather Gerrard, Abby Hartmann, Isabella Maric, Maggie McLaughlin, Lauren McNamara, Madeleine Smallhorne, Rebecca Swain, Aimee Ternus, Desney Toia, Lily Wearne

Admin team: Jaime Walker, Lauren McNamara, Charlotte Foxall-Webb

CONTACT INFORMATION

0402 927 688

hello@baysidedance.com.au

www.baysidedance.com.au

Address: 2/264 Tingal Rd Wynnum 4178

WEBSITE www.baysidedance.com.au

FACEBOOK PAGE www.facebook.com/bayside.dance.qld

INSTAGRAM PAGE www.instagram.com/bayside.dance.qld

CLOSED FACEBOOK GROUP FOR PARENTS AND STUDENTS
(or search Bayside Dance Parents and Students)

<https://www.facebook.com/groups/1619491614964936/>

2024 TERM DATES

TERM 1: Mon 29 Jan — Thur 28 Mar

TERM 2: Mon 15 Apr — Sat 22 Jun

TERM 3: Mon 8 Jul — Sat 14 Sep

TERM 4: Mon 30 Sep — Sat 7 Dec

Bayside Dance does not hold regular classes on public holidays or school holidays.

HANDY HINTS FOR STUDENTS

These handy hints will help you to make the most out of class:

- Be organised — Arrive at class on time with the right shoes and dressed appropriately.
- Be polite — To teachers, students and any guests in the studio.
- Be respectful — Your teacher is not at class because they need practice — they're here to help you become a better dancer! They are an expert and only want you to become the best that you can be.
- Be focused - Class time is your chance to focus on yourself, so try to leave your concerns or worries at the studio door. True progress is made when you look at each class as an opportunity to become better at what you love to do.
- Be a good listener — Listen to each correction given, whether it's directed at you or another dancer. Receiving a correction shows you how much a teacher cares about your progress as a dancer.
- Dance full-out, stretch a little further, become more aware of your technique, and make the most of every class.

FOR PARENTS

We know that by enrolling in dance classes you're teaching your child so much more than just how to point their toes. By making a commitment to an after-school activity you are teaching them commitment, dedication and how to work hard. By encouraging them to attend class every week (even if they're having an off day), you're encouraging good habits that will see them through to being successful adults. Three cheers for you!

We work exceptionally hard to communicate clearly and frequently. As such, we ask that you do your bit and read our monthly newsletters to help you stay informed about your child's dance education.

Bayside Dance is a place where you can dance as much or as little as you like. You should know that whether your child dances for 30 minutes or 13 hours a week, we absolutely value their participation in dance with us. With this in mind, we ask that you come to us with any concerns regarding your child's dance experience. There has yet to be an issue we can't solve with a phone call and good communication!

POLICIES AND PROCEDURES

Contacting us

If you have any questions we encourage you to contact the office at hello@baysidedance.com.au or 0402 927 688. Our friendly reception and admin staff are only too happy to help you out.

You can also contact us via our private Facebook group for parents and students. This group is great to ask general questions, and if you see a question that you know the answer to, feel free to respond. If your concern is a private one however, it is best to email it through. Negativity and bullying are not tolerated in the private group (just like they are not tolerated in the classroom).

Our public Facebook page is primarily designed for sharing our studio with the wider public, so while we encourage you to post positive experiences and photos to our page and "share" the love, questions are best to be emailed or addressed in the private group.

Changing your details

Please let us know if you move house, change emails or phone numbers.

Parking

Bayside Dance shares a carpark with our neighbour, North Sails. During morning classes, please use only the designated car parks for Bayside Dance, and utilise street parking should these be full.

After 4.30pm and on weekends, you are welcome to park in the North Sails bays should they be free.

Do not park in front of either of the roller doors, and please supervise any behavior in the carpark. It is not a playground.

There is ample street parking available on Tingal Rd, and surrounding streets, however please ensure you obey parking signs and do not park across residents' or businesses' driveways. We want our neighbours to keep liking us!

Newsletters

Newsletters and important updates are emailed MONTHLY. If there is something you would like to include, such as a child's success at a school performance or a major performing-arts related achievement we would love to hear about it! Oh, and don't forget to READ the newsletter, especially before you contact us with questions. You may find all your questions answered.

Class Cancellations/ Teacher Substitutions

It is highly unlikely that classes would be cancelled, however sometimes events beyond our control may require the cancellation of a class (i.e. extreme weather event, sudden teacher illness/accident). In the case of a cancellation, parents are notified via text message and email, and cancelled classes are credited to the following term's account.

Just like you, our teachers sometimes get sick or may need to take time off work. Where the teacher knows in advance that they will be away they may choose to inform students in class that they will have another teacher the following week. Where a teacher is sick or a last-minute substitution has to take place, it's possible you may not receive notification prior to arriving at class. We only employ teachers of the highest standard, so if your child's teacher is not their regular teacher you can be confident your child will still have an enjoyable and educational experience. We do not issue a refund where a substitute teacher has taken class.

Medical Information and First Aid

Bayside Dance captures medical information as part of our enrolment process. If your child suffers from one of the following conditions, we ask that you discuss treatment plans and medication with our staff as an additional precaution:

- Severe allergies (especially anaphylaxis)
- Diabetes, asthma or epilepsy
- Any other condition where the child might need to take medication while at the studio

- Any special needs that may affect their behavior or physical capabilities (including sensitivities to sound or touch)

If your child is undergoing physiotherapy or other treatment, please ensure that our staff are informed so that we don't further aggravate anything and can offer modified exercises if required. All information about our students is confidential.

Our teachers hold current first aid certificates and will provide first aid in class if necessary and within the scope of their training. Where the teacher deems necessary, parents may be contacted to collect children early from class or may call an ambulance in serious situations.

Nut-aware zone

To ensure the safety of our Bayside Dancers with nut allergies, our waiting room/reception area is NUT AWARE. Please ensure that snacks you bring to the studio don't contain nuts. If you or your dancer has eaten nut products before class, please wash your hands before or when you arrive. As always, the safety of our students comes first.

Syllabus & Exams

Our children's jazz, tap and ballet classes are based on the Southern Federation of Dance Syllabus, with optional exams available in June and/or September. Exams involve presenting the work studied in class to an external examiner in a formal setting. Exams are not necessarily for everybody, but are an excellent goal to work towards, help improve confidence and a great opportunity to receive feedback in written form, with a certificate and medal. If your child is thinking about a career in the performing arts, exams are a must!

Students are assessed for exam suitability throughout first and second terms. Parents will be contacted about enrolling for exams towards the end of Term 1 for June exams and Term 2 for September exams.

Dancers in ballet level 3 and above must be enrolled in two ballet lessons per week in order to undertake an exam due to the demands of the training. Bayside Dance has a 100% pass rate to date, so our students are always well-prepared for the challenge.

In 2024, Bayside Dance also hopes to offer acro exams through Acrobatic Arts. Eligible students will be contacted with more information throughout the year.

Attendance

We encourage all students to attend as many classes as possible throughout the term (after all, they have been paid for!) Each class represents a step forward in content, whether it's a syllabus exercise or choreography, and as such it can be frustrating for the teacher and likewise for the student if classes are constantly being missed. If your child will be absent from class, please send us a quick email to let us know.

Illness

If your child is unwell and not able to attend class, a text message or email to let us know is very much appreciated. If your child is experiencing contagious symptoms (e.g., runny nose, coughing, fever, diarrhoea or vomiting) they should be kept home from class. Once your child is not contagious, they can return to class, however you may like to notify the teacher so that if the child appears to become unwell throughout the class they can be allowed to sit down for a period, or for you to be called if symptoms worsen/the child appears distressed.

Covid-19 and related symptoms

If you or your child is experiencing Covid-19 symptoms (fever, sore throat, runny nose, cough, trouble breathing, vomiting, diarrhoea) they SHOULD NOT attend the studio. Families should follow up-to-date Covid restrictions as outlined by the State Government at the time.

Bayside Dance operates under an industry approved Covid-safe plan, however this plan can change at any time. All parents, students and staff members are expected to follow any current directions from Queensland Health in relation to social distancing and mask wearing.

Makeup Classes

Students who miss a class can contact us about doing a makeup class in either the same or a similar style, provided Bayside Dance have been notified prior to the absence taking place. Makeup classes are the responsibility of the parent and can only be taken in the same term as the missed class. No refunds or credits will be offered where a class has been missed. Makeup classes are not available for missed private lessons.

Arrival and Departure

Arriving on time for class will ensure you're able to make the most of dance lessons. Dancers should wait in reception until the previous class exits the studio, or until called by the teacher (unless otherwise requested by the teacher).

Students older than 10 are encouraged to arrive up to 15 minutes before class starts and are encouraged to take responsibility for their own warm up (which their teacher will discuss with them).

We encourage students under 10 to arrive around 5 minutes prior to class starting, so as not to draw out the waiting time prior to class commencing. Young students should be taken to the bathroom prior to the start of class.

For their safety, children should be picked up immediately after class. If your child's class is the last of the day, please be respectful of our teachers' time and arrive on time to collect your child. If you are concerned you might be late or need to drop off a child early, get in touch via text message or phone call.

Lost and Found

Please mark all dancewear, shoes, and personal items with your child's name. We are not responsible for any items that your child brings to class. We have a lost property bucket in the waiting room where any lost property will be placed. The bucket will be emptied at the end of each term.

Lockers

We have lockers available for hire, ideally for students who attend class 3 days a week or more. The hire cost is \$45 for the year. Please contact us if you would like to hire a locker for the year.

Our classroom environment

Bayside Dance encourages a classroom environment where students feel comfortable and there is mutual respect between dancer, teacher and parent. However, that doesn't mean that class is a 'free-for-all' or that we encourage poor behavior from our students. We expect dancers and parents to be polite and that our teachers' instructions will be followed.

In the dance classroom the teacher is in charge and works carefully to create a sense of focus for the students. You should never disrupt class unless in an emergency. If you are late, it is polite to apologise to the teacher.

If you need to speak to the teacher, ensure it is before the class commences or after the class concludes, and be respectful that we often have classes back to back and may be focusing on welcoming the next lot of students into the classroom. Sometimes it is best to send an email rather than take up time from another class.

Parents and the classroom

Parents and siblings are not permitted inside the classroom. Family members are asked to wait in reception, where we have CCTV installed so that you can watch your child in class. Alternatively, you're welcome to take some "me time" or run some errands. There is no requirement for you to stay on the premises (use your discretion if your child is very little or has medical conditions that mean you're best to stay on site).

Your child will usually be more focused if they cannot see you watching, so standing at the window and waving or intentionally distracting your child is not advised, and you will be asked to relocate back to reception if found doing so.

Child and Youth Risk Management Strategy

Bayside Dance follows a Child and Youth Risk Management Strategy. For more information and to view the full strategy, please [follow this link](#).

At Home Practice

We recommend that children be encouraged to practice at home but not forced to do so. For junior dancers, any general exploration of movement or remembering what they did in class is great, but we certainly don't expect them to have any sort of structured practice (unless they are preparing for an exam after age 6 or 7).

As they get older, teachers will encourage specific exercises to practice at home or give homework tasks. Repetition is one of the key elements for success with all dance students; the more they practice, the more confident they will feel.

Practicing with your child allows you to join in the dance experience, however we don't expect you as a parent to correct them or force them to practice (this can in fact be more damaging than letting them playfully practice on their own).

As students mature it's common to find them sitting in splits or practicing exercises for exams. We never want to stretch beyond the point of pain or repeat movements over and over resulting in strain or overuse.

It's great to see students seeking out images and videos of advanced dance technique online, however you should always get your child to check with their teacher before attempting anything new. There is no 'filter' on these self-published avenues and often skills are poorly executed without consideration of a young dancer's body. We need our dancers to have working knees, hips and spines when they're 80!

Behaviour Management Policy

In order to maintain a happy, healthy, professional environment, students are taught the importance of being a part of the group. We encourage students to have respect for other students, the teachers and staff, and studio property, and we foster the development of good habits and compliance with rules of conduct.

Our staff are trained to use constructive techniques of discipline to maintain class control and handle individual misbehavior.

- Children who exhibit unacceptable behavior or attitudes are told what is wrong and directed to a positive alternative approach or behaviour.
- If a child strikes another child, the two are respectfully separated and each is asked to explain what happened. They are then asked to help solve the problem, talk to each other, and reconcile with one another.
- Children who are disruptive will be respectfully asked to stop the behavior. If the behavior is repeated, they will be reminded of it and told how it affects others. If the disruption continues, the children involved will be asked to sit down for a short period of time (usually three to five minutes) before rejoining the class.
- If a child's misbehavior continues to disrupt the class, the parent or guardian will be called to pick up the child.

Termination of Enrolment

In certain circumstances, it may be necessary for the director to terminate a student's enrolment. Every effort will be made to correct a problematic situation before terminating enrolment. Reasons for termination of enrolment include the following:

- Consistently disruptive or dangerous behavior by students or their parents
- Bullying or abuse of other children, parents or staff (including on social media)
- Consistent failure to pay fees
- Stealing or vandalism (which could result in instant termination and follow up with police if necessary)

Key Parent Contact

We understand that some children have shared care across two households. In this case, we ask that one parent becomes the key contact for the child and assumes responsibility for enrolment and payment of fees. This ensures a stable and continuous enrolment for your dancer throughout the year.

With regards to communication however, we are more than happy to add both email addresses to our newsletter database to ensure both households are across information such as rehearsals, special events, performances, costumes and more.

Student and Parent Use of Social Media

Use of social media is commonplace. This policy is intended to provide Bayside Dance students and parents with guidelines to eliminate any confusion concerning its use at Bayside Dance.

- You are always welcome to share photos and videos of your child celebrating what they have learnt at Bayside Dance. If posting on Facebook or Instagram, you can also tag us in these photos (@bayside.dance.qld)
- Do not post videos or photos of staff or children other than your own without express permission from the staff member or the parent of those students. Never post anything that would compromise the self-esteem of a student. If you do post videos of class content, never post choreography in its entirety as Bayside Dance owns the copyright to all choreography taught at the school.
- You DO NOT have permission to reveal any information that compromises Bayside Dance. By that we mean you are forbidden to share personal information about the director, staff, other students or their families, or anything that is proprietary and/or confidential to them or Bayside Dance.
- Students and parents should neither claim nor imply that they are speaking on behalf of Bayside Dance.
- Respect the law, including those laws governing child protection, defamation, discrimination, harassment, and copyright and fair use.
- Parents and students should never post negative comments about other schools or teachers.
- Ensure that your social networking conduct is consistent with all of the policies contained in this handbook.

General Policies

- Only water is allowed in the studios. No food, drinks, or chewing gum.
- Stiletto heels are not permitted on our dance floors.
- No mobile phones or computers may be used during class time. (This means no emailing, internet/social media use, or text messaging.) Teachers may allow senior students to video an exercise for home practice, but permission must be sought from the teacher first. Students who repeatedly use their phones in class without permission will be asked to hand them in to the teacher.
- Students and parents should direct all communication via the reception team and official Bayside Dance channels. Communication with teachers via personal phone, email or social media is not allowed unless authorized by the Director.
- Never speak negatively about teachers, students, or parents from other schools.
- All students must show respect for their teachers at all times. Inappropriate behaviour could result in dismissal from the school.

UNIFORMS AND CLASS WEAR

Bayside Dance encourages neat presentation and appropriate dancewear for safety reasons. You can purchase studio leotards, skirts, shorts, t-shirts, shoes, hair products and other dance items at the studio.

BALLET PREP — LEVEL 2:

Option 1: Compulsory studio leotard and skirt, ballet socks, ballet shoes, with hair in a bun ([watch our online tutorial here](#)).

Option 2: Black or white studio t-shirt, black bike pants, black socks, black ballet shoes.

BALLET LEVEL 3 — LEVEL 6:

Option 1: Compulsory studio leotard, ballet tights, ballet shoes, with hair in a bun ([watch our online tutorial here](#)). No skirt.

Option 2: Black or white studio t-shirt, black bike pants or leggings, black socks, black ballet shoes.

MAJOR BALLET LEVELS (Pre-Elementary onwards):

Option 1: Own choice leotard, ballet tights, ballet shoes, with hair in a bun ([watch our online tutorial here](#)). Skirt optional.

Option 2: Black or white studio t-shirt, plain black leggings, black socks, black ballet shoes.

JAZZ/MUSICAL THEATRE:

Comfortable activewear with stretch (no denim), e.g. studio leotard, t-shirt or singlet with bike pants or leggings. Black jazz shoes. Hair neatly off the face.

ACRO/CONTEMPORARY:

Comfortable, firm-fitting activewear with stretch (no denim), e.g. studio leotard, t-shirt or singlet with bike pants or leggings. Bare feet. Hair in a bun or plait for safety.

TAP:

Comfortable activewear with stretch (no denim), e.g. studio leotard, t-shirt or singlet with bike pants or leggings. Hair neatly off the face. Black tap shoes — check with reception for the correct heel height and style for your dancer's tap level.

HIP HOP:

Comfortable activewear with stretch (no denim), e.g. studio leotard, t-shirt or singlet with bike pants, shorts or leggings. Sneakers. Hair neatly off the face.

PLEASE NOTE: The studio leotard is compulsory for all ballet, jazz, tap and acro exams (please discuss options for boys for exams with your teacher/s).

Dancers are encouraged to adhere to the following guidelines:

- Students should carry their dancewear, shoes, and other belongings in a dance bag. It is a great idea to ensure that your dance bag and all of its contents are named.
- Watches and jewelry like necklaces and bracelets should not be worn to class as they can cause distraction and injury. Dancers may be asked to remove these items.
- Dance shoes should be put on in reception/just outside the classroom and taken off before leaving the venue to keep shoes in tiptop condition. Never wear your dance shoes outside on grass or concrete, and especially not when it rains as this ruins the leather!
- For hip hop, jazz, musical theatre and contemporary classes, we suggest this rule of thumb: if YOU wouldn't wear it to the gym, it is not appropriate for dance class! Skirts, dresses and denim should never be worn to class and dancers will experience a diminished range of movement if wearing these sorts of clothing, and it is detrimental to their learning.
- Jazz and tap shoes should be black. We recommend wearing socks or stockings with your dance shoes to keep them from getting smelly.
- Dancers 10 years and older should wear deodorant for personal hygiene.

- While you may wear socks or bare feet for the first few weeks of class, we do expect all dancers to obtain the correct shoes for their dance genre for safety and technique.

WHAT DO I WEAR TO CLASS?



Dancer Brooklyn is all set for ballet Prep — Level 2, wearing the studio leotard and skirt, socks and ballet shoes, with hair in a bun.

Dancer Sam is uniform-ready for ballet Level 3-6, wearing the studio leotard, tights and ballet shoes, with hair in a bun.
Ballet dancers in pre-el and above can wear their own choice of leotard.



Dancer Arleigh is ready for acro or contemporary!

These dancers below are all ready for jazz, tap, hip hop or musical theatre!



TUITION AND EXPENSE POLICY

As per the Terms and Conditions agreed to upon enrolling via our website or in person, enrolment is for the full year of 2024 and will remain current unless cancelled in writing. Any changes to enrolment (e.g., cancellation, decrease or increase to the number of classes taken) MUST be processed PRIOR to the commencement of the upcoming term, otherwise the customer is liable for the full fees for that term. Term fees are due in the first week of term. Any fees that remain unpaid after week 3 of term will incur a \$35 late payment fee. If enrolment is cancelled after the commencement of the term any fees already paid will not be refunded.

2024 Fees

Class	Fees
Preschool	\$174 / 10-week term
Kids & Teens	\$194 / 10-week term

Enrolment Deposit: \$34.80 for Preschool classes, \$38.80 for Kids and Teens classes

Discounts

Discounts apply for multiple classes within families.

Two classes/family = 5% discount

Three classes/family = 10% discount

Four classes/family = 15% discount

Additional Fees

Tuition does not include dancewear, shoes, costumes, recital tickets, private lessons, holiday workshops, exams or special events.

We offer payment plan options via Payrix, where you can pay your term fees in fortnightly installments.

ANNUAL CONCERT

A big part of dance training includes learning through performance. Although performance opportunities can help prepare some students for a possible career in dance, they also contribute to children's success in non-dance activities. The experience helps build self-esteem and confidence, which can result in better in-school presentations, improved social skills, and even better job interview skills down the track. The rehearsal process is a tremendous learning experience as well. It helps dancers develop retention skills, and by working with their classmates on a group performance, they learn the positive aspects of working as a team to create the best end result.

At the time of producing this handbook, the following dates have been confirmed for our concerts, this year taking place at Chandler Theatre in the Sleeman Sports Complex:

Preschool Concert 2 November

Junior and Big Kids Rehearsal 3 November

Junior and Big Kids Concert 16 November

We distribute detailed concert information at the end of Term Two, outline the commitment required. If you read the information provided, you will know everything to possibly know about the concert, as we try our very best to outline every detail upfront.

Costumes

We spend many hours determining the correct costumes for each class. They are always age appropriate and of the highest quality possible.

In an effort to ensure that costumes are delivered in time and to allow us to negotiate affordable prices with our suppliers, we charge a costume deposit on our Term 3 invoices, with the balance payable on your Term 4 invoice. If you choose not to do the concert, you would not pay the costume deposit. If you pay the costume deposit, a costume will be ordered for you/your child. Costume manufacturers do not accept cancellations or offer refunds; therefore the school does not refund costume deposits.

Costumes are not distributed unless paid for. We often create a costume that can be worn to class again the following year.

Costume Payment Schedule

	Term 3	Term 4
One class/week (one routine at the concert)	\$79	Balance owing
Two classes/week (two routines in the concert)	\$119	Balance owing
Three or more classes/week (three or more routines in the concert)	\$149	Balance owing

MUSICAL

Our musical theatre students perform in their very own musical! The performance will take place at the end of Term 3. More information will be released about our musical closer to the time, but if your dancer is interested in being involved, they must be enrolled in our Musical Theatre classes. Please speak to us if your dancer is keen! A musical participation fee is charged across Term 2 and Term 3 invoices.

ADDITIONAL INFORMATION AND ACTIVITIES

Private Lessons

Private lessons can be arranged should you feel you or your child would like some additional one-on-one attention. This can be extremely helpful if they are struggling with a particular step, are finding issues with flexibility or control, or are preparing for an exam or performance (it might be at school in a talent show for example). We also offer solo, duo and trio choreography sessions to selected students. Please contact us via email to enquire or arrange a lesson.

Performance Teams

We offer additional training opportunities through our Performance Teams and our Talent Development Program. Members perform at competitions and local events. The performance teams are designed for students who have shown dedication, improvement and hard work, as well as having the skill set to take part in these often high-intensity performance situations. Entry is by audition, which takes place in November each year for the following year's intake. Dancers must meet a range of minimum requirements in order to be eligible. More information regarding the Performance Teams can be obtained by emailing us or visiting our website.

Adult Classes

Don't let your child have all the fun! Adult dance classes at Bayside Dance are all about YOU enjoying yourself through dance. Whether your goal is to get fit or more flexible, to return to dance after some time out, or to try something brand new, we would love to welcome you into our adult dance family. Classes range from beginner to experienced, across a variety of styles. Have a look at the Adults page on our website or ask us for details.

Preschool Classes

Did you know that children as young as 2 years old can dance with us? We offer a range of age-appropriate classes across a variety of styles for preschoolers. Busy family schedules are accommodated with classes available on weekdays as well as Saturdays. If there's a little dancer in your life, let them know about Bayside Dance.

SPECIAL INFORMATION

For Parents of Young Students

It is important to know that at times young children will explore the limits of attending dance class and say they don't want to go. This period may occur anytime, but it is usually short-lived. Here are some suggestions that might help you handle the situation:

- Emphasize what the child is doing at the dance class rather than what you do while he/she is in class.
- Arrive on time, to avoid rushing your child into class which can make them feel anxious.
- Avoid prolonged goodbyes.
- Ask the teacher for help in separation. Holding a teacher or assistant's hand or sitting next to the teacher can quickly fix a tearful situation.

If your child cries or does not want to take class, don't panic. If we push children and create more stress than they are already experiencing, they may come to perceive dance class as a bad experience. That kind of negativity could make them apprehensive about dance for a long time, which isn't good for anyone involved. If you feel your child is not coping with dance class at this time, speak to our team. Likewise, should you be experiencing any changes in the home environment (a new baby sibling, mum/dad going back to work etc) let us know so we can prepare for and address the situation accordingly.

For Parents of Older Beginner Dancers

If your child has discovered their love of dance at an older age, that's great! We absolutely encourage students to come and learn with us, no matter what their age or ability.

While there may be students in their classes who have been dancing since they were young, our classroom environment encourages positivity so that all students feel welcome. Rest assured we will place students in classes suited to their ability

and do everything possible to support their learning. With practice, dedication and self-belief, they may surprise themselves with how much they can learn and improve in just a few months. If you'd like to support their learning with a private lesson or two, please contact us so we can arrange a time.

A FINAL NOTE

Welcome to 2024 at Bayside Dance! We look forward to an exciting, rewarding year of dance!

CONTACT INFORMATION

0402 927 688
hello@baysidedance.com.au
www.baysidedance.com.au

Address 2/264 Tingal Rd Wynnum 4178

WEBSITE www.baysidedance.com.au

FACEBOOK PAGE www.facebook.com/bayside.dance.qld

INSTAGRAM PAGE www.instagram.com/bayside.dance.qld

CLOSED FACEBOOK GROUP FOR PARENTS AND STUDENTS
(or search Bayside Dance Parents and Students) <https://www.facebook.com/groups/1619491614964936/>

2024 TERM DATES

TERM 1: Mon 29 Jan — Thur 28 Mar

TERM 2: Mon 15 Apr — Sat 22 Jun

TERM 3: Mon 8 Jul — Sat 14 Sep

TERM 4: Mon 30 Sep — Sat 7 Dec

Bayside Dance does not hold regular classes on public holidays or school holidays.